



WORLD ANTHROPOLOGY CONGRESS

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CTD: o1GT - GENERAL THEMATIC DOMAIN

SUB-DOMAIN: o. GENERAL TRACK

PANEL TITLE:

LIFE SKILLS EDUCATION AND YOUTH DEVELOPMENT

CONVENOR: MAITREE PADHI

CO-CONVENOR: DR. SUJATA ACHARYA

ABSTRACT

Life skills are abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of life. Life skill education is a basic learning need for present generation. It focuses on the development of knowledge, attitude, skills of the individual through which the individuals' overcome difficulties in life. It is an empowering approach to health promotion and prevention. And help people to promote positive social relationship. The adolescents who are lacking life skills cannot cope with adverse situation. Hence, the discussion on life skills education and youth development is the need of the hour. Life skills enable individuals to translate knowledge, attitudes, and values into actual abelites and enable the individual to behave in healthy ways. Contributions are invited from researchers interested in the field of importance of life skills in prospective development of the youth.

Keywords: Life skills, wellbeing, youth, positive behaviour

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