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CTD: 09BP - BIO-CULTURAL APPROACH, POPULATION STUDIES, AND REPRODUCTIVE HEALTH

SUB-DOMAIN: 1. BIO-CULTURAL DIVERSITY AND EVOLUTION

PANEL TITLE:

HEALTH, WELL-BEING, AND SUSTAINABILITY: CHALLENGES AND THE WAY FORWARD

CONVENOR: ROUMI DEB

CO-CONVENOR: DR. JAYITA GHOSHAL ROY

DISCUSSANT: ROUMI DEB

ABSTRACT

Health is a basic human right, enshrined in Agenda 2030 and the SDGs, which drive universal health coverage (UHC) and equitable access to health services for all, regardless of financial gain or cross-border ramifications. The concept of sustainable health, developed in the latter part of the 20th century, recognizes the crucial link between human and environmental well-being and stresses the need for a comprehensive approach to health promotion and disease prevention that takes into account the interdependence of all living beings on earth." Health is intricately linked to social dynamics, including lifestyle and consumption patterns, and is affected by the physical environment. It is determined by a complex interplay of social and economic systems, the natural environment, and individual characteristics and behaviours. A paradigm shift towards a socio-ecological understanding of health is necessary for health promotion, which emphasizes the importance of building individual and community strengths, resilience, and assets to promote optimal health outcomes (WHO, 2010; Kickbusch, 2010)."

This panel aims to explore innovative and comprehensive approaches to sustainable development in the realm of health. Topics to be discussed may include population health, human well-being, the health effects of environmental exposure (e.g., air pollution, water quality, climate change, and food), health economics and policies that promote sustainability. Despite, growing awareness of global health disparities, there is little public discourse on the challenges of ensuring health sustainability. We invite internationally and nationally renowned experts in anthropology and allied disciplines, as well as emerging scholars, to discuss the latest developments, trends, and applications of anthropological research in addressing the complex challenges facing humankind. The goal is to apply scientific analysis to develop practical solutions for a sustainable future."

Keywords: Health, Sustainability, Environment, Nutrition, Challenges

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