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CTD: 2oHH- HEALTH, HAPPINESS AND WELLBEING
SUB-DOMAIN: FOOD, NUTRITION AND WELLNESS

PANEL TITLE: HEALTH AND NUTRITION OF INDUSTRIAL WORKERS

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ABSTRACT

Employee health is important for sustaining productivity, and it affects per-capita output. According to the social determinant of health idea, the workplace is one setting where a variety of health, functional, and quality-of-life outcomes and dangers may occur. Since that people may spend up to two thirds of their waking hours at work, the WHO designated the workplace as a priority area to affect nutritional behaviours. The productivity of employees, which is determined by their output per hour worked, output per hour of paid work, output per worker, and output per member of the labour force, may be directly impacted by their health. In the end, the productivity of those workers will influence production per capita, which is a gauge of standard of life. Workplace injuries, non-communicable diseases, occupational illnesses, and communicable infections are all potential health issues for employees. A person's and their workplace's health are both impacted by it. The improvement of education, a healthy workplace, health promotion, nutrition, sanitation, occupational health and safety and population health are a few initiatives that could increase workers' productivity. The current panel intends to debate or review the effectiveness of health and nutrition interventions among workers that may be utilized as evidence-based for policymakers to conduct health and nutrition education on a recurring basis.

Keywords: Workers, Health, Nutrition, Industrial Workers, Workplace

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